

## ALLERGIC REACTION (ANAPHYLAXIS)

### ALLERGIC REACTION

- Swelling of face, lips and eyes
- Hives or welts on the skin
- Tingling mouth
- Stomach pain, vomiting
- ✦ For insect allergy, remove sting promptly
- ✦ Stay with person. Call 000 – AMBULANCE
- ✦ Give medications if prescribed
- ✦ Continue to watch for any one of the following signs of anaphylaxis (severe allergic reaction):
  - Difficult/noisy breathing
  - Swelling of tongue
  - Swelling/tightness in throat
  - Difficulty talking and/or hoarse voice
  - Wheeze or persistent cough
  - Loss of consciousness and/or collapse
  - Pale and floppy (in young children)
- ✦ Give the adrenaline autoinjector, if available
- ✦ Lay child flat. If breathing is difficult, allow to sit up with legs out flat, not in chair. DO NOT let them stand or walk.
- ✦ Unresponsive and not breathing normally, commence basic life support

## BLEEDING

- ✦ Apply firm direct pressure to wound using clean cloth/pad
- ✦ Keep child calm and still if possible
- ✦ Do **NOT** remove any objects embedded in the wound
- ✦ Seek medical help. If severe call 000 – AMBULANCE

## BURNS

- ✦ Ensure safety for rescuer and child
- ✦ Remove child to safe environment
- ✦ **STOP DROP COVER ROLL.** Check breathing **IMMEDIATELY**, run **cool tap water** directly onto burn for at least 20 minutes and remove all clothing including nappy
- ✦ Do **NOT** remove clothing/substance stuck to skin
- ✦ Keep child warm – cover unburnt areas
- ✦ Seek medical help or call 000 – AMBULANCE

## CHOKING

### Child unconscious

- ✦ Call 000 – AMBULANCE
- ✦ Commence basic life support

### Child conscious but unable to cough

- ✦ Give up to 5 back blows
- ✦ If not effective give up to 5 chest thrusts
- ✦ Call 000 – AMBULANCE
- ✦ Continue back blows/chest thrusts until airway clear/help arrives

### Child conscious and effective cough

- ✦ Encourage coughing
- ✦ Stay with child until recovery
- ✦ If deterioration call 000 – AMBULANCE and commence back blows/chest thrusts/basic life support as appropriate

## HEAD INJURY

### UNCONSCIOUS CHILD (or altered level of consciousness)

- ✦ Roll gently into recovery position (be aware of potential spinal injury). Call 000 – AMBULANCE
- ✦ Commence Basic Life Support if unresponsive and abnormal breathing

If child had no loss of consciousness, seek medical help if the child has any of the following:

- Vomiting
- Blurred vision
- Strange behaviour not usual for child
- Drowsy/dizzy
- Seizures (fits)
- Boggy swelling to head

## POISONING

- ✦ If possible, find **WHAT** has been taken, **HOW MUCH** and **WHEN**
- ✦ Call POISONS INFORMATION 13 11 26 and follow advice
- ✦ If child is unconscious or has breathing difficulties call 000 – AMBULANCE and commence basic life support

## SEIZURE (FITS)

- ✦ Stay with child
- ✦ Move child away from danger
- ✦ Roll child into recovery position
- ✦ Check breathing
- ✦ Do **NOT** put anything into child's mouth
- ✦ Seek medical help or call 000 – AMBULANCE
- ✦ Note length of time of seizure, if possible

## SPIDER/SNAKE BITE

### FUNNEL WEB SPIDER AND SNAKE BITE

- ✦ Apply pressure bandage to bitten limb from toes or fingers up to the top of the limb (hip or shoulder).
- ✦ Immobilise limb and keep child still
- ✦ Call 000 – AMBULANCE
- ✦ Do **NOT** wash or suck bite site

### RED BACK AND OTHER SPIDER BITE

- ✦ Apply ice to bite area – do **NOT** apply pressure bandage
- ✦ Seek medical help

## SUSPECTED BROKEN BONE

- ✦ Immobilise affected limb
- ✦ Elevate and apply ice
- ✦ Seek medical help or call 000 – AMBULANCE

## BASIC LIFE SUPPORT

**D** Dangers?

**R** Unresponsive?

**S** Send for Help

**A** Open Airway

**B** Abnormal Breathing?

**C** Start CPR

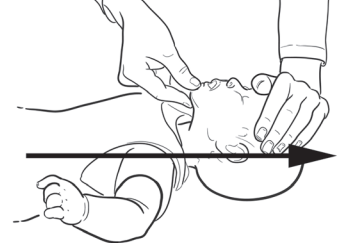
30 compressions: 2 breaths  
if unwilling/unable to perform rescue breaths continue chest compressions

**D** Attach Defibrillator (AED)

as soon as available and follow its prompts

Continue CPR until responsiveness or normal breathing returns

### INFANT



Neutral head position for infant

Two finger position for infant compressions

### CHILD



Head tilt chin lift for child

One or two hand position for child compressions

# AMBULANCE 000